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| *MONDAY* | *TUESDAY* | *WEDNESDAY* | *THURSDAY* | *FRIDAY* |
| *Week 1* ***→***  Oct 7 | Oct 8 | Oct 9 | Oct 10 | Oct 11 |
| 🞏 FEATURE MEAL:  Meatballs, Mashed Potatoes and Veggies  🞏 COMBO# | 🞏 FEATURE MEAL:  **Spaghetti w/ Meat Sauce and Caesar Salad**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Oven Baked Hamburger, Oven baked Fries and Veggies**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Cheesy pizza with Veggies and Dip**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **3 pancakes, ½ slice toupee ham and sliced cucumbers**  🞏 COMBO#: |
| *Week 2* ***→***  Oct 14 | Oct 15 | Oct 16 | Oct 17 | Oct 18 |
| No School- Thanksgiving | 🞏 FEATURE MEAL:  **Chicken Nuggets, Oven Baked Fries and Veggies**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Lasagna and Side Salad**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Cheesy pizza with Caesar salad**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **3 pancakes, ½ slice toupee ham and sliced cucumbers**  🞏 COMBO#: |
| *Week 3* ***→*** Oct 21 | Oct 22 | Oct 23 | Oct 24  **PRIZE DAY** | Oct 25 |
| 🞏 FEATURE MEAL:  **Spaghetti w/ Meat Sauce and Garlic Bread**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Roasted Chicken Breast, Potatoes and Veggies**  🞏 COMBO# | 🞏 FEATURE MEAL:  **Oven Baked Hamburger, Oven baked Fries and Veggies**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Cheesy pizza with Veggies and Dip**  🞏 COMBO#:  **“PRIZE DAY”** | No School-Provincial Conference Day |
| *Week 4* ***→*** Oct 28 | Oct 29 | Oct 30 | Oct 31 | Nov 1 |
| 🞏 FEATURE MEAL:  **Chicken Nuggets, Oven Baked Fries and Veggies**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Beefy Goulash and a Side Salad**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **Crispy Chicken Burger,** Baked Fries and Veggies  🞏 COMBO# | 🞏 FEATURE MEAL:  **Cheesy pizza with Caesar salad**  🞏 COMBO#: | 🞏 FEATURE MEAL:  **3 pancakes, ½ slice toupee ham and sliced cucumbers**  🞏 COMBO#: |
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NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLASS:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ELEMENTARY SCHOOL MENU 2019-20 MC FOOD SERVICE SOLUTIONS**

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| Feature Meals and Combo Meals are $5.50 each and includes Dessert.  Add milk to meal $0.40 or juice $0.75.  ***Please Note: We no longer accept personal cheques for amounts under $20 . If necessary to write a cheque, please make payable to MC FOOD SERVICE SOLUTIONS. We accept cash or online payment through lunchgroupie.***  **LUNCHGROUPIE**  **The following combos are available daily:**  **1/ Chicken Bacon Ranch Wrap with Veggies & Dip**  **2/ Ham and Cheese Sub with Side Salad**  **3/ Homemade Chili with Nacho Chips**  **4/ Grilled Cheese Sandwich and Soup or Veggies** |  | **Sign up today at** [**www.chadwickfoods.com**](http://www.chadwickfoods.com)  **Easy on-line payments . Lunch Groupie works as a declining balance that is not meal or date specific. Manage your monthly lunch budget . Your child no longer needs to carry cash.**  **Prepay in multiples of $50 . Print out confirmation email and have child bring to cafeteria. We will track your balance and notify when it is time to reload.** | BECOME A LUNCHGROUPIE  Sign up today at [www.lunchgroupie.com](http://www.lunchgroupie.com) |
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| **Variations may occur due to differences in suppliers, ingredients substitutions, recipe revisions, meal assembly at the cafeteria, and/or seasons of the year. Certain menu items may not be available at all locations. MC Food Service Solutions and its employees do not assume responsibility for a particular allergy or sensitivity to any foods provided in any of our cafeterias.** |  |  |  |

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